

FOR IMMEDIATE RELEASE:

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For more information contact:

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WHO: Arc School of Ballet, ARC Dance, and Seattle Early Dance
WHAT: *Spring Dance*
WHERE: ARC Dance Space/Crown Hill School
9250 14th Ave NW Seattle, WA 98117
WHEN: March 20th – 22nd, 2009
TICKETS: \$15 Adults & \$10 Children (12 & under); ARC School of Ballet
(206) 352-0799 www.arcdance.org

Dance: A Historical Affair

SEATTLE, WA -- Arc School of Ballet (ASB) shows off its students in *Spring Dance*, a collaboration between Arc School of Ballet, ARC Dance, and Seattle Early Dance. There are a total of five performances between March 20 and March 22, 2009, which present the viewer with a rich palette of historical dance.

Arc School of Ballet, ARC Dance, and Seattle Early Dance join together to recreate courtly dances from the 15th, 16th and 17th centuries. Live musicians, as well as authentic instruments and costuming, transport you on a journey through the Medieval, Renaissance, and Baroque periods of dance history. Marie Chong, director of the school, has been looking forward to this collaboration with Anna Mansbridge, Artistic Director of Seattle Early Dance, for the past year.

This family-friendly performance, with live musicians, takes the audience on a beautiful progression through dance history, from some of the early court dances to classical ballet, in its current form, providing both an educational and interesting experience for everyone involved.

Arc School of Ballet presents *Spring Dance*; March 20th 7:00 PM, March 21st 2:00 PM and 7:00 PM, March 22nd 1:00 PM and 4:00 PM. All performances will be held at the **ARC Dance Space** Crown Hill School, 9250 14th Ave NW, Seattle. Tickets are \$15 for adults, \$10 for children 12 yrs and under. Tickets are available at ARC Dance (206) 352-0798. For further information, please visit www.arcdance.org.

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About Arc School of Ballet

Arc School of Ballet's mission is to provide unparalleled classical ballet training in an encouraging atmosphere, thus promoting personal growth and artistic self-expression. Contributing a wealth of knowledge to the school, the professional faculty at Arc are dedicated to dance education and instilling invaluable qualities in their students that extend beyond their dance training: self-confidence, respect, work ethic and a sense of tradition. Arc School of Ballet shares common goals with its resident dance company, ARC Dance Productions, to provide opportunities for the public to explore the joy and beauty of dance.

About ARC Dance Productions

ARC is a classically-inspired, repertory dance company in Seattle, Washington. Since its inception in 1999, under the artistic director and founder Marie Chong, ARC has cumulatively presented works from emerging and nationally recognized choreographers. ARC fosters works from a wide range of dance styles such as classical, contemporary ballet, modern, and jazz – in true "repertory" fashion.

ARC Dance Productions combined with the Arc School of Ballet

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Arc School of Ballet and ARC Dance Productions occupy over 12,000 square feet of studio and office space in the former Crown Hill School in the Ballard/Crown Hill neighborhood of Seattle at 9250 14th Ave NW, Seattle, WA 98117

About Seattle Early Dance

Seattle Early Dance is dedicated to presenting high quality performances of dances from the European Courts between the sixteenth and eighteenth centuries. These dances are reconstructed using original manuals and treatises, and are performed in exquisite costumes based on historical designs. Essential to the performance experience is collaboration with musicians playing authentic period instruments. Seattle Early Dance has performed with some of the finest early music organizations in Seattle, including the Seattle Symphony, the Seattle Baroque Orchestra, and the Seattle Academy of Baroque Opera. Seattle Early Dance aims to have a wide appeal, presenting dances in ways both entertaining and informative for modern audiences. Seattle Early Dance is also committed to educational activities, such as workshops and residences in schools and other community settings.