

**FOR IMMEDIATE RELEASE:**

October 10, 2008

For more information contact:

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**WHO:** ARC Dance and Arc School of Ballet

**WHAT:** *Nutcracker Sweets*

**WHERE:** ARC Dance Space - 9250 14<sup>th</sup> Ave NW Seattle, WA 98117

**WHEN:** December 12<sup>th</sup> and 13<sup>th</sup> – 7:00pm; December 13<sup>th</sup> and 14<sup>th</sup> - 2:00pm

**TICKETS:** \$5.00 for children 12 years and younger, \$12.00 for adults.

Tickets at ARC 9250 14<sup>th</sup> Ave NW Seattle, WA 98117 (206) 352-0798

**ARC Dance presents family friendly *Nutcracker Sweets* in Ballard**

SEATTLE, WA --- ARC Dance brings *The Nutcracker* alive for families and the community at large in this fanciful, child-friendly version of the classic ballet. ARC Dance Company dancers and students of Arc School of Ballet (ASB) will perform excerpts from this holiday classic in their home facility in Ballard.

ARC Dance has over a ten-year tradition of performing the *Nutcracker*. The past four years of this abbreviated version of *Nutcracker Sweets* have sold out. Specifically designed to appeal to young audiences, with roughly an hour-long running time, *Nutcracker Sweets* will showcase the combined talented students of Arc School of Ballet and the professional ARC Dance Company. Children and adults alike will be captivated by the magic of the music, costumes, and beautiful dancing.

Tickets are available at ARC Dance 9250 14<sup>th</sup> Ave NW or by calling (206) 352-0798.

Ticket prices are \$5.00 for children 12 yrs and younger, and \$12.00 for Adults.

ARC Dance is a non-profit, professional repertory dance company in Seattle, USA, that presents contemporary ballet in intimate settings. Arc School of Ballet is the official training ground for the company and offers dance classes to the community for all ages and levels, including the professional bound dancer. Additional information regarding ARC Dance Company or Arc School of Ballet can be obtained at [www.arcdance.org](http://www.arcdance.org) or by calling ARC at 206.352.0798.

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**More about ARC Dance Company**

ARC is a professional repertory dance company in Seattle, Washington that presents modern, contemporary ballet, and classical repertoire with aplomb and artistic accessibility in intimate settings. Under the artistic direction of Marie Chong since its inception in 1999, ARC has performed works by nationally recognized and emerging choreographers in standard (proscenium arch) theaters with seating capacities of roughly 300 to 2500.

ARC Dance Company will present ***Momentum Ten***, a mixed repertoire program in honor of its tenth regular performance season in Seattle. Opening on October 17<sup>th</sup>, 2008 for two evenings at the Broadway Performance Hall on Capital Hill.

**More about Arc School of Ballet**

Arc School of Ballet provides personalized, classical ballet training in an atmosphere that promotes personal and artistic growth. The faculty at Arc are dedicated to dance education and instilling personal qualities in their students that extend beyond their dance training: self-confidence, respect, work ethic and a sense of tradition.

Arc School of Ballet offers four coordinated, high-quality programs to dancers of all ages and backgrounds. The core curriculum focuses on elements of both classical and contemporary ballet technique and is complimented by other dance forms such as Modern, Jazz, African, and Character, along with Pilates, GYROKINESIS<sup>®</sup> AND GYROTONIC<sup>®</sup> conditioning. The variety of classes works to meet students' varying interests in dance, ranging from beginning to adult education/fitness to the professional career bound.

Students from Arc School of Ballet have been accepted into and/or are currently dancing with Ailey School (Alvin Ailey), Alberta Ballet, American Ballet Theater, Ballet Austin, Pacific Northwest Ballet School, Boston Ballet, Joffrey Ballet, Milwaukee Ballet, San Diego Ballet, Nashville Ballet, North Carolina School of the Arts, Alonzo King's Lines Ballet, Princeton Ballet, The Juilliard School, San Francisco Conservatory of Dance, City Ballet of San Diego, and ARC Dance Company.

**ARC Dance combined with the Arc School of Ballet**

Arc School of Ballet shares common goals with its resident professional dance company, ARC Dance, to provide opportunities for the public to explore the joy and beauty of dance. Arc School of Ballet and ARC Dance occupy over 12,000 square feet of the former Crown Hill School in the Ballard/Crown Hill neighborhood of Seattle at 9250 14<sup>th</sup> Ave NW, Seattle, Washington 98117