

FOR IMMEDIATE RELEASE:

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WHO: Arc School of Ballet, ARC Dance, and Seattle Early Dance
WHAT: *Spring Dance*
WHERE: ARC Dance Space
9250 14th Ave NW Seattle, WA 98117
WHEN: March 13th 4:00pm and 14th 2:00pm and 5:00pm, 2010
TICKETS: \$14 Adults & \$6 Children (10 & under); arcdance.org
(206) 352-0798 <http://www.brownpapertickets.com/event/100389>

Dance: A Historical Affair

SEATTLE, WA -- Arc School of Ballet (ASB) shows off its students in *Spring Dance*, a collaboration between Arc School of Ballet, ARC Dance, and Seattle Early Dance. There are a total of three performances between March 13 and March 14, 2010, which present the viewer with a rich palette of historical dance.

Arc School of Ballet, ARC Dance, and Seattle Early Dance join together to recreate courtly dances from the 16th, 17th and 18th centuries. Live musicians, as well as authentic instruments and costuming, transport you on a journey through the Medieval, Renaissance, and Baroque periods of dance history. Marie Chong, director of ARC Dance, has been looking forward to this collaboration with Anna Mansbridge, Artistic Director of Seattle Early Dance, for the past year.

This family-friendly performance, with live musicians, takes the audience on a beautiful progression through dance history, from some of the early court dances to classical ballet, in its current form, providing both an educational and interesting experience for everyone involved.

ARC Dance presents *Spring Dance*; March 13th 4:00 PM, March 14th 2:00 PM and 5:00 PM. All performances are held at the **ARC Dance Space** in Ballard/Crown Hill, 9250 14th Ave NW, Seattle. Tickets are \$14 for adults, \$6 for children 10 yrs and under. Tickets are available by phone (206) 352-0798, or online: <http://www.brownpapertickets.com/event/100389> For more information: www.arcdance.org.

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About Arc School of Ballet

Arc School of Ballet's mission is to provide unparalleled classical ballet training in an encouraging atmosphere, thus promoting personal growth and artistic self-expression. Contributing a wealth of knowledge to the school, the professional faculty at Arc are dedicated to dance education and instilling invaluable qualities in their students that extend beyond their dance training: self-confidence, respect, work ethic and a sense of tradition. Arc School of Ballet shares common goals with its resident dance company, ARC Dance, to provide opportunities for the public to explore the joy and beauty of dance.

About ARC Dance Company

ARC is a non-profit, professional repertory dance company based in Seattle, USA, that presents contemporary ballet in intimate settings. Since its inception in 1999, under the artistic direction of Marie Chong, ARC has performed works by nationally-recognized and emerging choreographers in standard theaters with seating capacities of 300 to 2500. ARC has a regular performance season at the Bagley Wright/Leo K Theatre at the Seattle Center producing bold passionate performances that inspire and engage audiences from July through December.

ARC Dance combined with the Arc School of Ballet

Arc School of Ballet shares common goals with its resident dance company, ARC Dance, to provide opportunities for the public to explore the joy and beauty of dance. Arc School of Ballet and ARC Dance occupy over 10,000 square feet of studio and office space in the former Crown Hill School in the Ballard/Crown Hill neighborhood of Seattle at 9250 14th Ave NW, Seattle, WA 98117

About Seattle Early Dance

Seattle Early Dance is dedicated to presenting high quality performances of dances from the European Courts between the sixteenth and eighteenth centuries. These dances are reconstructed using original manuals and treatises, and are performed in exquisite costumes based on historical designs. Essential to the performance experience is collaboration with musicians playing authentic period instruments. Seattle Early Dance has performed with some of the finest early music organizations in Seattle, including the Seattle Symphony, the Seattle Baroque Orchestra, and the Seattle Academy of Baroque Opera. Seattle Early Dance aims to have a wide appeal, presenting dances in ways both entertaining and informative for modern audiences. Seattle Early Dance is also committed to educational activities, such as workshops and residences in schools and other community settings.