

**FOR IMMEDIATE RELEASE:**

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**WHO:** ARC Dance and Arc School of Ballet  
**WHAT:** *Nutcracker Sweets*  
**WHERE:** Leo K Theatre at Seattle Center - 155 Mercer St  
**WHEN:** December 18<sup>th</sup> – 3:00pm and 7:00pm  
**TICKETS:** \$20 Children (10 yrs and younger), \$30 Adults  
Tickets go on sale October 25 at 9:00am  
ARC (206) 352-0798 or [www.arcdance.org](http://www.arcdance.org)

**ARC Dance presents family-friendly  
*Nutcracker Sweets* at the Leo K. Theatre.**

Seattle, WA --- ARC Dance brings the magic of *The Nutcracker* to Seattle Center's Leo Kreielsheimer Theatre ("Leo K") in the Seattle Repertory Theatre complex. ARC Dance Company members and students of Arc School of Ballet will give two performances on December 18, 2010, of this much-loved, child-friendly holiday ballet.

A favorite tradition for families across Seattle, all *Nutcracker Sweets* performances at ARC's own large facility in Ballard have sold out for the past 6 years. "This year, we are also bringing *Sweets* to the beautiful Leo K. Theatre at the Seattle Center," said director and choreographer Marie Chong. "The Leo K. is centrally located and offers a more traditional theater experience than the informal setting of the ARC Dance Space. We are very pleased to offer *Sweets* at both venues this year."

Specifically designed to appeal to young audiences with roughly an hour-long running time, *Nutcracker Sweets* will showcase the combined talented students of Arc School of Ballet and the professional dancers of ARC Dance Company. Children and adults alike will be transported to a magical world filled with toy soldiers, glowing Christmas trees, and spectacular dancing.

Tickets are available at ARC Dance (206) 352-0798 or [www.arcdance.org](http://www.arcdance.org)

Ticket prices are \$20.00 children (10 yrs and younger), and \$30 for Adults. All reserved seating.

Performances held at : Seattle Center, Leo Kreielsheimer Theatre ("Leo K") 155 Mercer St.

ARC Dance is a non-profit, professional repertory dance company in Seattle, USA, that presents contemporary ballet in intimate settings. Arc School of Ballet is the official training ground for the company and offers dance classes to the community for all ages and levels, including the professional bound dancer. Additional information regarding ARC Dance Company or Arc School of Ballet can be found at [www.arcdance.org](http://www.arcdance.org)

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**About ARC Dance**

ARC Dance is a professional repertory dance company in Seattle, that presents contemporary ballet in intimate settings. Since ARC's inception in 1999, The Company has maintained a performance season from July through December at the Bagley Wright/Leo K Theatre presenting works by nationally recognized and emerging choreographers.

**More about Arc School of Ballet**

Arc School of Ballet provides personalized, classical ballet training in an atmosphere that promotes personal and artistic growth. The faculty at Arc are dedicated to dance education and instilling personal qualities in their students that extend beyond their dance training: self-confidence, respect, work ethic and a sense of tradition.

Arc School of Ballet offers four coordinated, high-quality programs to dancers of all ages and backgrounds. The core curriculum focuses on elements of both classical and contemporary ballet technique and is complimented by other dance forms such as Modern, Jazz, African, and Character, along with Pilates, **GYROKINESIS**<sup>®</sup> AND **GYROTONIC**<sup>®</sup> conditioning. The variety of classes works to meet students' varying interests in dance, ranging from beginning to adult education/fitness to the professional career bound.

Students from Arc School of Ballet have been accepted into and/or are currently dancing with Ailey School (Alvin Ailey), Alberta Ballet, American Ballet Theater, Ballet Austin, Pacific Northwest Ballet School, Boston Ballet, Joffrey Ballet, Milwaukee Ballet, San Diego Ballet, Nashville Ballet, North Carolina School of the Arts, Alonzo King's Lines Ballet, Princeton Ballet, The Juilliard School, San Francisco Conservatory of Dance, City Ballet of San Diego, Mark Morris Dance Company, and ARC Dance Company.

**ARC Dance combined with the Arc School of Ballet**

Arc School of Ballet shares common goals with its resident professional dance company, ARC Dance, to provide opportunities for the public to explore the joy and beauty of dance. Arc School of Ballet and ARC Dance occupy over 12,000 square feet of the former Crown Hill School in the Ballard/Crown Hill neighborhood of Seattle at 9250 14<sup>th</sup> Ave NW, Seattle, Washington 98117